



# YOUNG LEADER TRAINING

City in The Community is the charitable arm of Melbourne City Football Club. Using football as a vehicle for change, we look to uplift the physical and mental health of young people through our Young Leaders program.

Focusing on students across Year 7-12, the program can be adapted to all year levels with no prior football knowledge or experience required.



# KEY FOCUS AREAS

THROUGH A COMBINATION OF CLASSROOM AND PLAY BASED LEARNING – STUDENTS CAN EXPLORE THE FOLLOWING TOPICS:

Student and Community Leadership

Wellbeing and Resilience

Employability and Careers

Be inspired to make a difference in the community



**‘STUDENTS ARE EXPOSED TO THE IDEAS OF LEADERSHIP AND HOW THEY CAN IMPROVE AND BENEFIT THEIR COMMUNITY BY ACTUALLY BEING VISIBLE, PRESENT AND HAVING A VOICE IN THAT COMMUNITY.’**

**IAN BOWERS, ASSISTANT PRINCIPAL, NARRE WARREN SOUTH P-12 COLLEGE**



# MODULES + ACTIVITIES

- Leadership skills that contribute to your school and broader community
- Understanding of sport and healthy lifestyles
- Challenge gender stereotypes
- Potential for volunteer and paid opportunities with City in The Community

Hear from club staff, professional footballers and other inspirational speakers on a range of topics.



**'I ENJOYED MEETING NEW PEOPLE AND MAKING NEW FRIENDS ALSO HAVING FUN WITH THEM. I FOUND OUT IT WAS GOOD TO GET OUT OF YOUR COMFORT ZONE BECAUSE I WILL FEEL GOOD AFTERWARDS.'**

**YEAR 8 STUDENT**



# OUTCOMES

YOUNG LEADER  
TRAINING

**INCREASED  
STUDENT  
ENGAGEMENT**

**IMPROVED  
MOTIVATION**








**DEVELOPED  
LEADERSHIP  
SKILLS**

**INCLUSION AND CONNECTION TO FOOTBALL  
AND COMMUNITY**

**IMPROVED PERSONAL AND COMMUNITY  
RESPONSIBILITY**

# COSTS

## DETAIL

-  1 x 2-day Young Leaders Program designed specifically to the needs of the group and delivered by Young Leaders employed by CITC
-  Giveaways and prizes including hats, t-shirts, scarves and tickets to A-League matches
-  Certificates of completion for all students
-  A follow up program of 8 weekly football sessions delivered to build on established connection
-  Access for participating students to all Schools Holiday Young Leader Programs including global on-line programs delivered by Manchester City FC
-  Opportunity for students to attend match at AAMI Park and tour the venue prior to a game
-  Opportunity for selected students demonstrating outstanding attitude to co-design community programs at subsequent Young Leader forums where they will meet students from other local schools

**PRICE** \$5000 ex GST

**MORE INFORMATION AT : [WWW.MELBOURNECITYFC.COM.AU](http://WWW.MELBOURNECITYFC.COM.AU)**

**CONTACT US : [COMMUNITY@MELBOURNECITYFC.COM.AU](mailto:COMMUNITY@MELBOURNECITYFC.COM.AU)**